

# Stay independent and comfortable at home with the Support at Home Program.

At Subee, we believe that home is where you feel most comfortable — and we're here to help you stay there safely and independently for as long as possible.

Once you've received your Support at Home classification from Services Australia, you can decide which services you need and which provider you'd like to work with. For an obligation-free chat about how we can support you, get in touch with our friendly team today.

## Meet your Care Partner

When you choose Subee, one of our Care Partners will visit you to learn about your needs, goals, and preferences. Together, we'll develop a personalised support plan that fits your lifestyle and funding. We can:

- Help you plan your care budget
- Coordinate and book your services
- Assist with accessing allied health or other community supports
- · Ensure your plan continues to work for you

We're here to make things simple — so you can focus on what matters most.

You can use your Support at Home funds for services that help you manage day-to-day activities, maintain your health, and stay connected to your community.

Services Subee can provide include:

#### **Clinical and Nursing Care**

- · Medication support and health monitoring
- · Wound, diabetes, dementia, bowel, catheter & stoma care
- Nursing assessments, welfare checks, and access to allied health
- Post-hospital care
- · Palliative care
- Assistive Technology

#### Personal Care

- · Showering, dressing and grooming
- Meal preparation and assistance with eating
- · Shopping and daily living support

#### Cleaning, Gardening and Domestic Support

- · Cleaning and household assistance
- Gardening services (Coffs Harbour region only)

#### **Assisted Travel**

- Experienced Support Workers or Registered Nurses to accompany you door-to-door, ensuring your journey is safe, comfortable, and stress-free.
  - Assistance in accessible transport for local medical appointments, shopping, and social outings
  - Or longer or Interstate journeys to a medical appointment in another city, visiting family.



NDIS • AGED CARE • NURSING GARDENING • DOMESTIC ASSISTANCE

NEWCASTLE

newcastle@subee.com.au 02 4966 8399 **COFFS COAST** 

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#### **ABOUT SUBEE**

Previously known as Bananacoast Home Nursing Service, Subee has been proudly supporting local communities for over 30 years. We provide:

- Aged care, disability, nursing and respite services
- Agency and support staff to residential aged care facilities
- Transport, cleaning, and gardening services
- · Case management and plan management

We employ more than 140 staff who deliver over 50,000 hours of care each year — supporting clients 24 hours a day, 7 days a week.

#### **GET IN TOUCH**

Contact us today to learn more about how we can support you with your Support at Home package.

## **COFFS COAST**

2/84-90 Industrial Drive, Coffs Harbour NSW 2450 **subee@subee.com.au** 

02 6651 3153

#### **OUR STAFF**

Our staff include Registered Nurses, Aged Care and Disability Support Workers. They provide tailored services to each individual client and are available 24 hours a day, and our support staff travel over 4,000km per month to provide help to families in the Coffs Harbour & Newcastle.

Reliable Care, Whenever You Need It – Even considered what you would do if you carer is sick or on holidays?
Subee has you covered! With services available 24 hours a day, 365 days a year – so you'll always have the support you need, when you need it.

Because at Subee, we care — and we're here to help you stay at home, your way.

## **NEWCASTLE**

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